Quarterly Newsletter



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Monmouth County Postal Employees Credit Union

Credit Union VISA Credit Cards

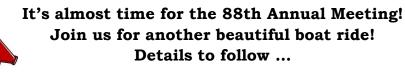






MCPECU VISA credit cards are now available! Come in or call for an application.

~~ALL BALANCE TRANSFERS ARE 0% FOR TWELVE MONTHS ~~





April is National Stress Awareness Month

Here are some tips to help you keep the stress level down:

- Get and Stay Healthy Take control of your personal health
- Make a Change Even a small change can make a big difference in reducing stress
- Focus on Now Don't dwell on what once was or the fear of what might be
- Get the Giggles It's true; laughter really is the best medicine
- Meditate A still mind is a stress-free mind
- Help Someone Else Putting your focus on others takes the focus off your own challenges
- Put a Positive Spin On It No matter what you may be facing, try to think about it positively
- Keep a Happiness Journal Reflect on your day and list 5 things that delighted you
- Get Happy Happy People experience far less stress than unhappy ones

Visit stressawarenessmonth.com for a free stress relief E-book. Learn to reduce your stress, gain control over negative emotions, improve relationships and eliminate other types of stress from your life!





- May 30, 2016
- July 4, 2016
- September 5, 2016
- October 10, 2016
- November 24, 2016
- November 25, 2016





Monmouth County Postal Employees Credit Union

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We Can Save You Money



YOUTH SHARES RECEIVE .50% UP TO \$2500





As of March 1, 2016 our policy for Signature, Promotional and Computer loans has changed. The interest rate that you receive will be determined by your credit score.

Credit Score	Interest Rate
730 and Higher	6.49%
625 - 729	8.99 %
550 - 624	10.99%
500 - 549	11. 99 %
499 and below	13.99%

The same great low rates apply to New/Used Car Loans and Second Mortgages.

New & Used Vehicles	3.00% - 3.99%
New/Used Over \$20,000 6 yr	4.49 %
Second Mortgage	
5 Years	3.50%
10 years	3.75%
15 years	4.00 %

Quarterly Post Office Contest

Can you identify the Monmouth County Post Office pictured below? To be entered into our quarterly contest Email your guess to: lcoolahan@monmouthpostalcu.org







Congratulations to June Maltais who correctly identified the post office above as the Little Silver Post Office! June won a \$25 VISA gift card!